



# 2019

# CancerLifeline

## REPORT TO THE COMMUNITY

**Our mission: to optimize the quality of life for all people living with cancer.**

**Lifeline for emotional support call (206) 297-2500 or 1 (800) 255-5505 & Lifeline Chat  • Mon–Fri 9am–5pm**

## WHO WE ARE

For over 47 years, the dedicated professionals and volunteers of Cancer Lifeline have listened and responded to the needs of our local cancer community by producing highly effective educational and instructive classes, support groups, and financial assistance programs that empower cancer patients

and their support system. With your contributions, Cancer Lifeline continues to improve the lives of people impacted by a cancer diagnosis by providing vital support, resources and connectivity to some of our community's most vulnerable.

## WHAT WE DID IN 2019

**7000**  
individuals served

Over 7000 patients, survivors, caregivers, and family members in Western Washington

Provided direct financial assistance to  
**865** low-income cancer patients

by distributing \$294,000 in financial assistance funds to ensure patients can take care of rent, electricity, and groceries so they can stay in treatment, informational classes, and more

Over  
**800**  
classes offered

Provided over  
**9512**  
points of in-person services

Support group meetings, informational classes, and more

Launched  
**Lifeline Chat**

An instant messaging service available on our website at [cancerlifeline.org](https://cancerlifeline.org)

Piloted new program  
**Expressive Arts Therapy**

for teens and young adults (ages 12–18) which utilizes a range of arts-based methods allowing teens to process their emotions, engage with other teens in similar circumstances, and obtain therapeutic support for their experiences

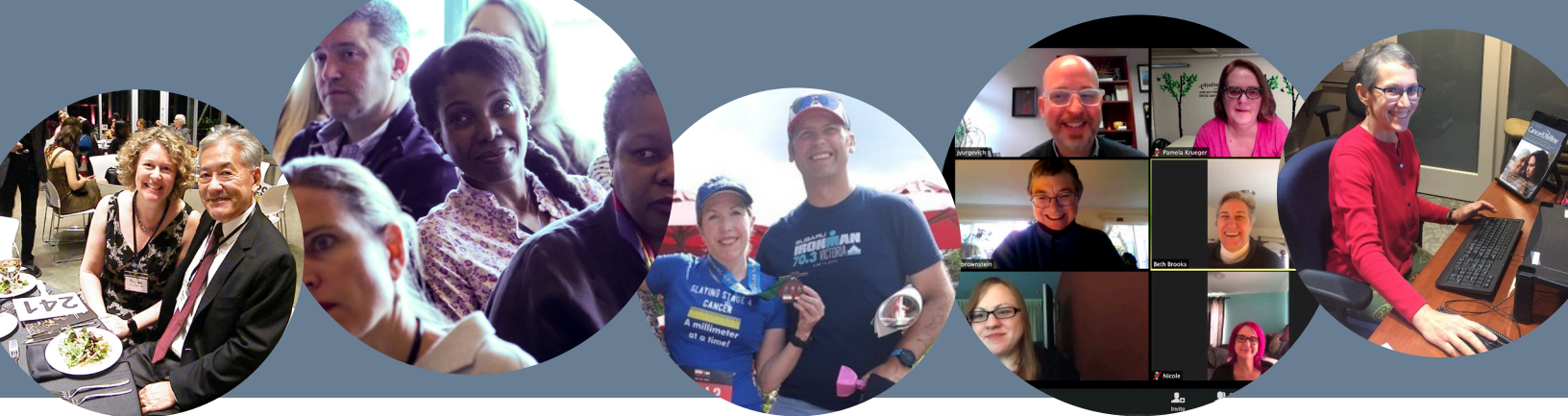
**new**  
**Highline Medical Center partnership**

Welcomed our new hospital partner – Highline Medical Center, expanding our services into Burien

**Started new programs**

with Virginia Mason Cancer Institute in downtown Seattle and in Federal Way

**5061**  
points of service via telephone, online chat, outreach, family meetings and therapist referrals



## WHO WE SERVE

### Low Income Clients

52% of clients have incomes at or below \$35,000 per year. 25% have income below \$15,000 annually. We work hard to continue to provide services free of charge so that everyone is able to receive the support they need.

### Patients & Survivors

83% of all clients are cancer patients actively engaged in treatment or are survivors. Caregivers and loved ones make up the remaining 17%.

### Ethnicity

25% of those we serve self-identify as minorities, including African American, Latinx, Asian, Native American, and Pacific Islander.

### Age

52% of our clients are age 65 or older. 24% are between 55 and 64 years. Young adults below the age of 45 are one of the fastest growing age groups and now make up 12% of all Cancer Lifeline clients.

### Client quotes:

“I love that Cancer Lifeline values, respects and appreciates the young adult cancer community in the Pacific Northwest.”

“Thank you for all the wonderful online classes during the coronavirus crisis! I particularly love *Healthy Steps/Vital Moves* and the *Nutrition* classes.”

“Attending the support group for several months has been extremely helpful for me, the patient, and my husband, the caregiver. We are humbled by the kindness, the honesty, and the gentle humor towards each other. Our discussion leader is both empathetic and respectful, as well as skilled in keeping the conversation going smoothly.”

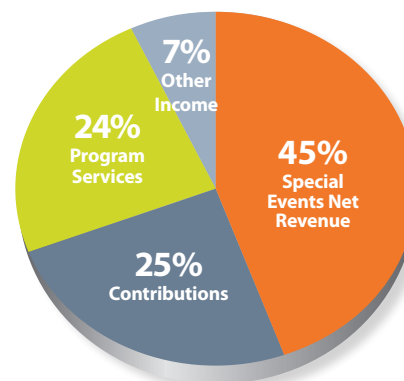
## STATEMENT OF ACTIVITIES YEAR ENDING DEC. 31, 2019

### REVENUE

Contributions	\$379,568
Special Events Net Revenue	\$689,617
Program Services	\$367,004
Other Income	\$109,325

**Total Revenue** **\$1,545,514**

### 2019 Revenue



### EXPENSES

Program	\$957,192
General and Admin	\$106,482
Fundraising	\$302,078

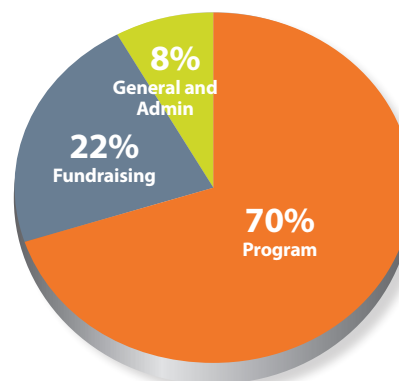
**Total Expenses** **\$1,365,752**

Change in Net Assets \$179,762

**Net Assets - Beginning of Year** **\$2,073,976**

**Nets Assets - End of Year** **\$2,253,738**

### 2019 Expenses



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## 2019 Sponsors

Our sponsors make our events possible. We are grateful for their leadership and support.



### Client quotes:

“Thank you for allowing me to laugh again.”

“Group is a place I can share my fears, worries, and apprehensions without placing that burden on my loved ones. They are my friends, who console me at my low points and encourage me when good things are happening.”

“Love it! It is such a positive class – from the instructor to the music to the information about lymphatic circulation – another weapon in our arsenal against cancer. I really feel this is a missing piece and much support is gained by being together and moving, not just sitting together and talking.”

# 2019 Donors

Together, we are making a difference  
for people living with cancer. Thank you.

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