

Expressive Arts Teen Workshop

on Zoom, with



Narrative Remix: Digital Storytelling



This is the first in our series of teen expressive arts workshops this Spring / Summer.

Geared towards adolescents and young adults aged approximately 12-18 who have a cancer diagnosis or who have a loved one who does, this workshop will use a mix of creative digital sources to explore and create a story about an important lived experience.

We will explore questions like, What is your story? Who controls your story? Are you and your story one and the same? We will use digital graffiti, a self-designed hero-making generator, and a comic-strip generator as our digital platforms for creativity.

Drawing upon therapeutic foundations in narrative and expressive arts therapies, participants will be invited to engage their inner creative voices and create tangible digitalized tales. No artistic experience necessary. It helps to have a computer as we will be working with technology that supports this form of storytelling, but all of the creativity can be done with pen and paper, too.

Group facilitation will be provided by Pamela Krueger, (please contact her with any questions you have at either pkruieger@cancerlifeline.org or (206) 832-1271). Please register at least one day in advance, here. Limited to ten (10) participants.