

CancerLifeline

COMMUNITY REPORT

2024



A NOTE FROM THE EXECUTIVE DIRECTOR

As we look back on 2024, we are reminded of the power of community and of the incredible strength that arises when people come together with compassion, generosity, and a shared commitment to supporting those facing cancer.

This past year, because of your continued support, Cancer Lifeline was able to expand its reach, offering nearly thirty thousand touchpoints of support. In the moment when someone reached out to Cancer Lifeline we were there to provide emotional support, financial assistance, wellness programs, resource navigation and so much more. Together, we created spaces where people felt seen, heard, and empowered.

While we celebrate these accomplishments, we also pause to remember some of the cherished members of our Cancer Lifeline family who we lost this year, people who helped shape our organization in meaningful ways. We remember long-time volunteer Karl Zahlis, whose quiet dedication helped us lay the groundwork for how we operate our Lifeline to this day. We sorely miss Jan Dalrymple, who helped design the Cancer Lifeline Dorothy O'Brien Center. Her support and presence left a lasting imprint on our work and our hearts.

As you read this report, know that behind the numbers and data are stories of hope and healing that are a direct result of your belief in what we do. Thank you for being part of the Cancer Lifeline community.

Your impact is felt every day.

With love & gratitude,



Joseph Yurgevich
Executive Director



Joseph Yurgevich &
Board Member, Joanna Diallo

FINDING STRENGTH AFTER THE FINISH LINE

In 2023, Kristina was diagnosed with an aggressive form of Breast Cancer and finished her treatment 6 months later which showed a complete response to treatment, meaning no evidence of disease. This made her feel so relieved and grateful for the amazing care she received at EvergreenHealth.

When she was in treatment, she felt like it was a job that she took very seriously. What surprised her was how she felt after treatment ended. The joy and elation after finishing treatment didn't last very long. It bothered her that that she wasn't being positive and grateful. Logically she knew we all live with uncertainty, so didn't understand why she was so worried and anxious all the time. It wasn't until after she finished with treatment that she began to explore the programs offered at Cancer Lifeline.



In hindsight she wishes she had been involved with a support group during treatment but at the time it didn't feel right to her. Now that treatment is over, she's been focusing on eating nutritious food and exercising, and is learning so much from the nutrition and exercise classes she's taking. "Cancer Lifeline's nutrition instructor, Ami Karnosh is a wealth of food knowledge. I love her cooking classes and recipes. I make her Mulligatawny recipe which is full of anti-inflammatory ingredients once a week. Until last week I had a big dislike for mushrooms. When Ami showed us how to cook them in the in person Healthy Mexican Food class I became a mushroom convert. They had a totally different texture and were super flavorful with all the sauces she made for us. Vital Moves is also a fun class taught by Meryl Shier. I look forward to attending more of those and becoming a regular!"

Her anxious and worried feelings are dissipating more and more each day thanks to the information, support & community she's found at Cancer Lifeline along with her care team. She finds it helpful and truly inspiring to be with others who have been diagnosed with cancer, because she feels heard and understood, all without judgement. She was immediately struck at the comfort of being with others who have a shared experiences, even though everyone's experiences are all unique. She wishes everyone ease in all of their journeys and wanted to share this quote from John O'Donohue that makes her feel inspired:

“

*May I have the courage today
To live the life I would love
To postpone my dream no longer
But do at last what I came here for
And waste my heart on fear no more.*

”

2024 IMPACT

29,962 Touchpoints of Support

Each touchpoint represents a moment when someone impacted by cancer reached out, and Cancer Lifeline was there to answer.

1,111

Mental health counseling sessions provided

One-on-one and couples therapy supported those facing the emotional challenges of cancer.

1,083

Patient Financial Assistance Fund grants distributed

Easing the burden for cancer patients struggling to afford basic needs during treatment.

288

Support groups held

Cancer-specific and community-specific groups offered connection, strength, and healing.

2,382

Lifeline calls and chats answered

Providing urgent support, resources and a listening ear when it's needed most.

674

Classes held

Educational presentations, movement classes, nutrition workshops, and artistic-expression classes enriched patients' well-being.

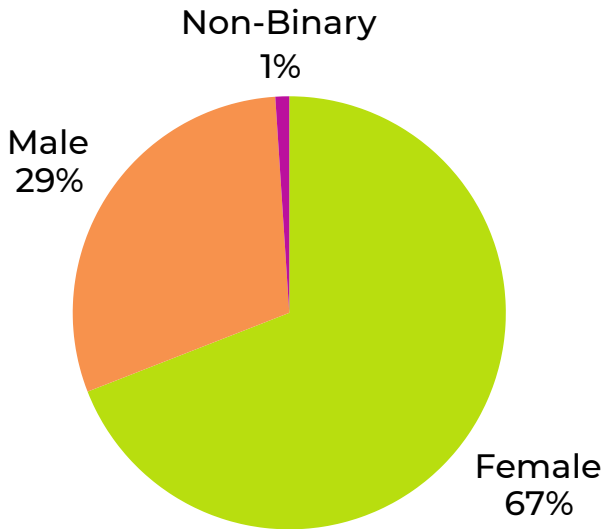
52

Dedicated volunteers

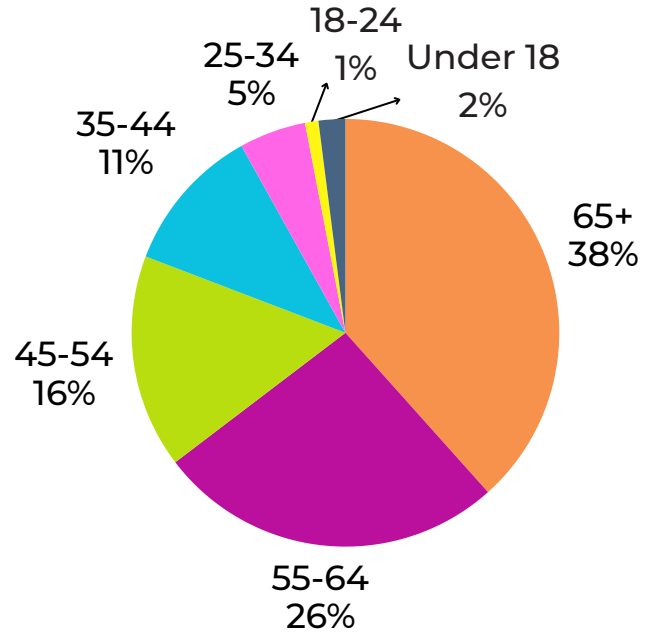
Generously gave their time and heart to support our mission and clients.

WHO WE SERVE

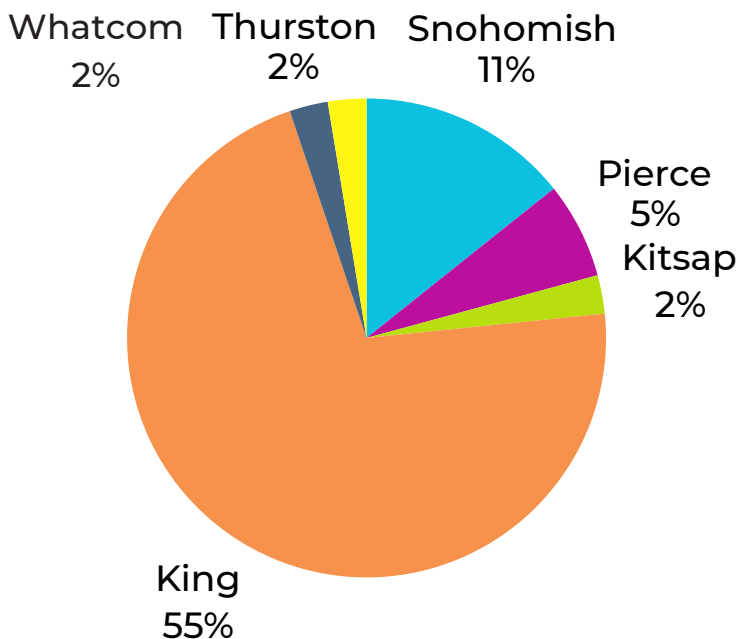
IDENTIFIED GENDER



AGE



COUNTY OF RESIDENCE



FINANCIALS

STATEMENT OF ACTIVITIES
YEAR ENDING DEC 31, 2024

REVENUE

Contributions/ Special Events	\$1,173,629
Program Services	\$ 304,086
Other Income (including net investment income)	\$ 131,301
Total Revenue	\$1,609,016

EXPENSES

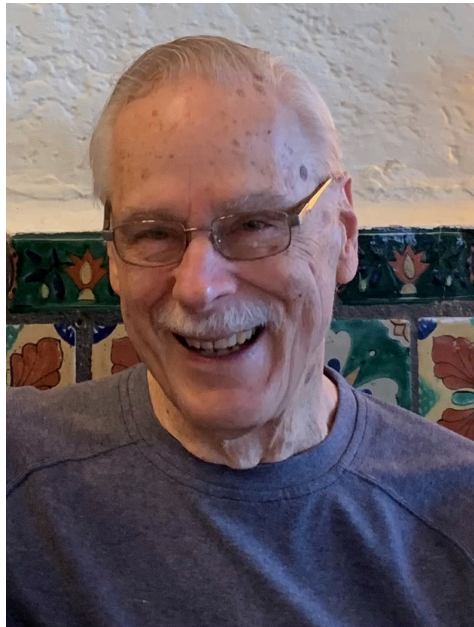
Program	\$1,277,541
General Admin	\$ 167,142
Fundraising	\$ 288,896
Total Expenses	\$1,733,579

ASSETS

Net Assets - Beginning of Year	\$2,426,564
Net Assets - End of Year	\$2,302,001
Change in Net Assets	\$ 124,563

FOREVER REMEMBERED

Karl Zahlis
Sept 20, 1938 - Aug 15, 2024



Karl was a kind, funny and thoughtful man who loved good food, fun games, and was an especially astute connoisseur of the arts. He was an engineer by training and served our community by working as the Director of IT & Facilities at Wellspring Family Services until retiring last year.

When Cancer Lifeline acquired our building in the late 90's, Karl was generous with his time and as a volunteer, helped guide the building renovations. Dedicated to our mission, Karl volunteered in many capacities for over twenty years. He shared his computer knowledge generously with Cancer Lifeline and helped create a system that allowed Lifeline volunteers to take their shifts from the comfort of home. Karl even housed Cancer Lifeline's server in his basement for a time.

Part of a dynamic duo, Karl was a wonderful husband to Ellen Zahlis, and the two were an amazing team. He was a very active grandparent, and always up to go to things to support them- team games, recitals, you name it.

Karl had been fighting prostate cancer and dealing with all the related medications to treat it for some time. He faced his cancer with courage and determination that was admirable and inspiring. While we were sad to see him go, we took some comfort that his passing came after one final family vacation on Orcas Island and that he left this earth surrounded by the love of his family. Karl is survived by his wife and teammate, Ellen Zahlis and several children and grandchildren who he adored.

We send our love and condolences to Ellen and his family as we remember all Karl's contributions.

FOREVER REMEMBERED

Jan Dalrymple

June 19, 1946 - February 4, 2025



Janet Dalrymple, lovingly known as Jan, was a devoted wife, mother, grandmother, and friend. She was a gifted designer and a cherished member of the Cancer Lifeline community.

Jan founded Dalrymple & Associates, a space planning and interior architecture firm based in Pioneer Square. For 20 years, her firm was a trusted leader in shaping Seattle-area workplaces, known for designs that blended beauty, practicality, and heart.

Jan brought her remarkable vision to Cancer Lifeline at a defining moment in our history. When we acquired a former PCC grocery store as our new home, it was Jan who led the transformation into what is now the Cancer Lifeline Dorothy O'Brien Center. Working closely with her husband, Bob, she reimagined the space from a grocery store into a place of comfort and care, where those impacted by cancer could find peace, connection, and support. The center also serves as a vibrant, thoughtfully designed workspace for our staff, a further reflection of Jan's deep consideration for everyone who walks through our doors.

But Jan's impact at Cancer Lifeline extended far beyond her design work. She served as a board member, as a Lifeline volunteer, and as a driving force behind our fundraising efforts, ensuring our programs remained free and accessible to all.

We are deeply grateful for all that Jan brought to Cancer Lifeline and for the lasting impact of her work. We extend our condolences to Bob, RE, and the entire Dalrymple family. Jan's spirit lives on in every corner of the space she helped create and in the lives of those who have found comfort at Cancer Lifeline.

LEADERSHIP

We are grateful for the exceptional leadership and dedication of our Board & Advisory Board

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Thank you to our hospital partners for their invaluable support and collaboration in serving cancer patients



GRANTORS

Thank you to our grantors who ensure Cancer Lifeline programs remain free and accessible to anyone in need



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\$50,000+

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\$1,000 \$4,999 cont.

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Lisa Verner
Linda Wood
Joseph Yurgevich
Tsering Yuthok

IN HONOR OF

All Teal Sisters
Amy Ely
Basha Brownstein
Bettie Herbison
Cancer Lifeline Staff!
Charolette Cook Ohanessian
Cynthia Farley
David R. Vinson
Doug Cobb
Elaine P and Brad B
Emmie Lo
Fred Hutchinson Patients
Howard Behar
Jeffrey Cornwall-Brady
Jemae
Karen Salmon
Kathy Warren
Kim Herner
Kristy Grey
Laura Dawn
Laura Sandberg
Laurie Hymas
Laurie Rosen-Ritt
Liz Benson
Lloyd and Patti Farley
Lorene Lipton
Loy and Lula Martin
Luke Price
Lynn Behar
Lynnae Lowe
Marian Svinth
Marilyn Covey
Michelle Fate
My cousin Patty
My Mom
My Tam H. Nguyen
Nicole Taylor
Peggy Rinne
Rachel Groothuis
Rachelle Wills
Shaine Thomas
Stephanie Dann
Susan Baumgaertel, MD
The amazing cancer group hosts.
Tom Lapinski
Tomomi Galeano
Wally Jacobsen

Carrie Anderson Ivy
Carro Nelson
Cathy Smullyan
Cecil Patterson
Charles Moriarity
Charlie Liekweg
Charlotte Loveland
Christel Lundeen
Christopher Schaub
Christy Bailey
Clayton Smith
Clem Muhich
Dale Riveland
Dan Evans
Danny Shaeffer
Daril Wayne Hahn
David John Chouinard
David Knapp
David R Schwartz
De Nash
Delilah Dalton
Denise Brown
Dennis Thompson
Dick Davis
Dr. Judi Johnson
Elena-Nussbaum Cado
Eliza Dresang
Elizabeth A. Vogler
Elizabeth Hathaway
Eric Dell Schwartz
Ethan Thomas
Evelyn George
For all those we have lost.
Gary Snyder
Gary Stroutsos
George Andrew Reynolds
George Bertelstein
Grace Olson
Gregory Scott Bush
Ichiro Ben Sakamoto
Isabel Chen
J A Wulff
Jane Gilhooly
Jean Bush
Jeanette Peltier
Jeanne Rivara Hernandez
Jenny Barton
Jill Bennett
Jill Hirai
Joanie Lange
Joanne
Joannie Mass
John Pignataro
Jonathan Liang
Joseph Martinez
Josh Dickerson
Josh Isaac
Julie Hillers
Karen Perales
Karl Zahlis
Kathleen McCullough
Kathleen McNeeley
Kathleen Sanborn
Kathy Otteson
Kathy Trenderl
Keith Leroy Lamb
Kitty Guinan
Laurel Bates Preston
Lorne "Papa" Wallace
Lorraine Campbell
Lorry Walsh
Louis P. Lerman
Louise Malusis
Lynda Beattie
Maggie Rivara

IN MEMORY

Alison and Tom Eckels
All My Moms
Allen John Geibel
Alyssa Kleven Morrison
Anne Knapp
Ansley
Arthur Schomer
Barbara Frederick
Becky Watson
Ben Sakamoto
Bern Waldrup
Bonnie Steele
Brian Cross
Bridget Lynn Thompson
Bruce Hurst
Bruce Myers and Cliff Plath
Bruce Nordstrom
Carol & Doug McGhee
Carol and Rick Behme
Carol Bredy
Carol Hildrum
Carole Roane
Carolyn Brandon
Carolyn Werner

IN MEMORY

Marcia Palmer
Marlane Wakefield
Martha Zammarella
Max Cano
Michael H Runyan
Michael Henry Lema
Michael Tollan
Mildred Becker
My Sister
Nancy Bell Evans
Nancy Hogeland
Nancy Sharff
Naomi Owings
Naomi True
Norman Fong
Pattie Blair
Paul Neiman MD
Rachel <3
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Susan Gannon
Susan Gray
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Tatsue Imamoto
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Virginia Avon Kreatz
Walter Porada

