CANCER LIFELINE

2027 3-Day Cancer Retreat Guidelines



Program Overview

Cancer Lifeline offers 3-Day Cancer Retreats to provide individuals affected by cancer with an opportunity to step away from the demands of daily life, connect with others who understand their experiences, and participate in activities that support emotional, physical, and spiritual well-being.

The retreats are offered at no cost to eligible participants.

Eligibility

To qualify for a free 3-Day Cancer Retreat:

- Participants must have received a cancer diagnosis within the past five years, be currently receiving treatment, or have completed treatment and be in remission for five years or less.
- Participants must be 18 years of age or older.
- Participants must be able to independently participate in the retreat activities and manage their personal care needs with or without a companion.
- Participants must be able to attend the entire three-day retreat.

How spaces are offered

- **Priority Registration:** An initial registration window is reserved for first-time participants experiencing significant barriers to supportive cancer care, including financial hardship, geographic isolation, or other access challenges.
- **General Registration:** Remaining spaces then open to all eligible participants.
- **Randomized Selection:** If demand exceeds available spaces during either phase, participants will be selected through a randomized process rather than on a first-come, first-served basis.

Repeat Attendance

- Participants may attend one free 3-Day Cancer Retreat.
- Past participants who paid for a retreat between 2024 and 2026 will not be eligible to attend a free cancer retreat in 2027.
- Individuals who experience a significant change in diagnosis or a cancer recurrence may be eligible to attend an additional retreat in a different calendar year.
- Exceptions will be reviewed on a case-by-case basis.

Registration

A $40 non-refundable registration fee per participant is required to secure a reservation. Individuals experiencing financial hardship may request a fee waiver by emailing program staff at retreats@cancerlifeline.org. All requests will be reviewed confidentially.

How to register

1	**Complete the application.** Apply online: cancerlifeline.app.neoncrm.com/forms/366
2	**We review your application.**
3	**Once you are approved, we send you the registration link for a specific retreat.** On that page, you either pay the $40 registration fee or enter the fee waiver code provided to you.
4	**If you are bringing a companion, you register them at the same time.** We include the companion form in your confirmation email.

- Participants must complete the registration process to secure their space.
- Registration is subject to availability and eligibility requirements.
- Participants will receive confirmation and additional retreat information after registering.

Retreat Dates for 2027

The following six retreats are scheduled:

January 29 to 31	**April 16 to 18**	**June 11 to 13**
July 16 to 18	**September 24 to 26**	**October 22 to 24**

Registration for the first three retreats will open first, with registration for the remaining three opening as spaces become available.

Location and Transportation

- Retreats are held at Sacred Waters Center in Union, Washington.
- Participants may attend regardless of where they live.
- Participants are responsible for arranging their own transportation to and from the retreat center.
- Limited funding may be available to Washington State residents when the cost of traveling to Union, Washington, prevents them from attending. Assistance is based on financial need, transportation availability, and individual circumstances.
- To request assistance, or with questions about accessibility or transportation needs, please contact retreats@cancerlifeline.org before registering. Requests are reviewed confidentially.

Accommodations and Accessibility

- Room assignments will be made by Cancer Lifeline staff to ensure accessibility and room capacity needs are met.
- Participants are asked to indicate accommodation needs and preferences during registration. Though specific room requests cannot be guaranteed, we have limited availability to accommodate golf cart rides between buildings, microphones for hearing issues, main floor rooms for folks in wheelchairs, wheelchair accessible bathrooms and showers, among others.
- Private bathrooms are limited, and some rooms have shared bathroom facilities.

We want every participant to feel welcome and supported, and we're happy to talk with you about your needs. Please share any accessibility needs on your registration form or contact us at

retreats@cancerlifeline.org so we can discuss them with you confidentially and let you know what we can and can't accommodate.

What we can offer

- **Hearing support:** We use microphones during group sessions so everyone can hear.
- **Getting around:** Staff can transport participants by golf cart between buildings. Participants need to be able to get in and out of the golf cart on their own or with their companion's help.
- **Accessible bathrooms:** Accessible showers and bathrooms are available in designated rooms.
- **Rest and pacing:** You're welcome to take breaks or rest during the retreat as needed.
- **Dietary needs:** The application asks about your dietary needs and restrictions (vegetarian, vegan, dairy free, gluten free, or medically diagnosed dietary restrictions). Sacred Waters Center does its best to meet special diet needs with substitute or alternate food options. The center is not able to accommodate specific diet plans, such as Atkins, South Beach, or Paleo, or food preferences, only medically diagnosed allergies. If you have severe allergies or extensive restrictions, please bring supplemental foods for yourself.

Current limitations

- **Wheelchair access:** Our retreat location, including the rooms designated as accessible, is not fully wheelchair accessible.
- **Terrain:** The grounds include sloped paths and stairs.
- **Personal care:** We aren't staffed to help with activities of daily living, such as bathing, toileting, dressing or eating. If you need help with these, please bring a companion who can provide it. Companions are welcome to take part in the retreat as well.

If you aren't sure whether the retreat is a good fit, please reach out. We're glad to talk it through with you and, when the retreat isn't the right fit, help you find other Cancer Lifeline programs that may work better.

Companions

- Companions may attend at no cost.
- Companions must be 18 years of age or older.
- Companions are expected to attend all sessions with the participant.
- Companions are registered at the same time as the participant (see How to register).

Cancellation and Withdrawal

- Participants should notify Cancer Lifeline as soon as possible if they are unable to attend.
- Participants who cancel will be offered a space at another retreat depending on availability.
- Individuals who become ill or experience a change in health before the retreat should contact staff to discuss their circumstances.

Health and Safety

- These retreats provide emotional support, education, connection, and opportunities for personal reflection. They do not provide medical treatment or medical advice.
- Participants are responsible for managing their own medications and personal medical needs.

Participant Expectations

Participants are asked to:

- Respect the privacy and confidentiality of other participants.
- Be respectful of differing experiences, perspectives, and beliefs.
- Participate in activities to the extent they feel comfortable.
- Follow retreat center guidelines and staff instructions.
- Notify Cancer Lifeline staff of any concerns or needs during the retreat.

Questions and Additional Information

> For questions about eligibility, registration, accommodations, or the 3-Day Cancer Retreat program, please contact:
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> retreats@cancerlifeline.org